



What Do I Say?

Talking to your kids about the Rosary

Pray with us Mary

When we pray the rosary, we ask Mary to "pray for us sinners." We are asking her to join us in prayer. Have you ever asked a friend to pray with you? It's the same thing! Only Mary is more than a friend, Jesus gave her to us as our spiritual mother when he was dying on the cross and said to John, His beloved disciple, "Behold your mother" (John 19:27).

Lead us to Jesus

As Jesus' mom, Mary plays an important role in fulfilling God's plan of salvation. Scripture tells us that Mary is "favored" by God and "blessed among women" (Luke 1:28). We know that Mary is in heaven with Jesus, so when Mary prays with us, she leads us and brings our intentions to Jesus (John 2:5). As we recite the prayers that make up the rosary, we are meditating on the "mysteries" of Jesus' life. So praying the rosary is helping us to grow closer in relationship with Jesus.

St. Dominic

You might be wondering where the Rosary came from? Our Lady gave the Rosary to St. Dominic in a dream. She told him that God wanted St. Dominic to use the Rosary as a weapon to help the whole world know and love Jesus. St. Dominic used Our Lady's instructions and came up with the mysteries of the Rosary. Giving people examples from Jesus' life (and even Mary's life) to follow. You and I can do the same thing. Learning more about the life of Jesus and Mary can help us imitate them and live lives of virtue.

